

Workday presence

Rich colour. Natural texture. Room to move.

A considered new perspective.

A considered workweek, without dressing like somebody else. Natural coils, deep teal and soft tailoring connect a noticeable refresh to a realistic 10-20 minute daily routine.

15 SUBJECTS / ONE PERSONAL STORY

COLOUR / BEAUTY / WARDROBE / PLAN

24 complete outfit studies
12 core wardrobe roles
4 hair shapes + 3 makeup moods



READ THIS FIRST

A complete style reference: explore the ideas, keep what suits your routine, and start with pieces you own.

Explore colour, hair, makeup, accessories and complete outfits through fifteen subjects. Your seven-day and thirty-day plans turn these ideas into practical experiments.

Your fifteen-subject guide.

A complete image-led reference, with room for the details.

- 01 Your style blueprint
- 02 Face & features
- 03 Your colour direction
- 04 Your personal palette
- 05 Haircuts
- 06 Hair colour & care
- 07 Makeup
- 08 Jewellery & metals
- 09 Eyewear
- 10 Shapes & fabrics
- 11 Everyday outfits
- 12 Work outfits
- 13 Travel outfits
- 14 Your capsule wardrobe
- 15 Your next 7 & 30 days

Each subject can span several pages so photographs and practical advice stay readable. Original study occasions remain labelled; the three outfit sections follow the web reader order.

Presence, with a practical rhythm.



Original reference

HAIR

Natural coils; comfortable volume

COLOUR

Teal within espresso and navy

BEAUTY

Soft definition; a berry alternative

ROUTINE

10-20 minutes; useful workday repeats

Natural coils and rich colour carry the refresh; soft tailoring makes it repeatable.

Natural coils. A noticeable refresh.

A practical 10-20 minute routine.

THE FIRST EXPERIMENT

Build this from your current jacket first; use teal as the one change.

A workday that feels like you.



Original reference

THE BRIEF

A noticeable refresh, everyday makeup and a 10-20 minute daily routine. Keep natural coils and comfortable volume.

TENTATIVE OBSERVATIONS

The source shows natural coils and visible facial detail. It does not establish body measurements, hair behaviour, undertone or a colour season.

PREFERENCES, NOT RULES

Rich colour, practical repeats and a moderate shape change follow this style brief. No texture, metal or body shape needs correcting.

Deep teal, soft espresso tailoring and natural coils: a clear direction with several ways to wear it.

KEEP YOUR TEXTURE

Compare rounded, parted, puff and pinned options before choosing a cut.

REPEAT A USEFUL JACKET

One espresso blazer connects work, dinner and travel.

TRY DEPTH, NOT A RULE

Use teal or oxblood as one accent and compare cooler alternatives.

Rich colour. Room to move.

One clear colour. A calm frame.

Let teal lead against espresso and navy. Ivory offers a lighter alternative; oxblood carries the same depth into a different mood.



 Warm ivory

A lighter opening

Ivory creates a light area at the neckline. Keep espresso or navy below it when you want a clear light-dark composition.



 Deep teal

The workday anchor

Deep teal gives one top a visible role. Let the jacket and trousers stay familiar so the colour does the work.



 Rich plum

A different depth

Rich plum offers another deep accent. Try it in a top you own, then compare it with teal in the same light.



Ivory

A light opening



Teal

The focal colour



Espresso

Soft tailoring



Navy

A repeated foundation



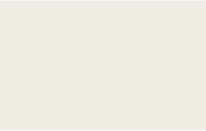
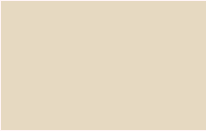
Oxblood

An alternative rich accent

Compare how the clothing colour feels in daylight. Keep your favourites and try each idea with familiar pieces.

A palette to explore.

A rich working palette rather than a verdict from one photograph. Start with the clothes you own, then test one colour at a time near your face.

					
Warm ivory	Cream	Stone	Taupe	Camel	Espresso
Light foundation	Soft shirt	Outer layer	Quiet neutral	Leather accent	Tailoring anchor
					
Charcoal	Soft black	Ink navy	Indigo	Slate blue	Petrol
Cool comparison	Optional depth	Trouser anchor	Denim	Cool alternative	Deep colour
					
Deep teal	Forest	Olive	Sage	Oxblood	Berry
Signature accent	Alternative accent	Travel layer	Lighter green	Skirt anchor	Cool lip comparison
					
Brick	Terracotta	Warm rose	Plum	Bronze	Soft silver
Warm comparison	Cheek idea	Soft lip idea	Evening accent	Metallic detail	Metal comparison

DAYLIGHT CHECK 1

Compare espresso with charcoal at a similar depth, in indirect daylight and without a filter.

DAYLIGHT CHECK 2

Compare brick with berry using the same top or fabric size; note what you prefer, not what a season rule allows.

DAYLIGHT CHECK 3

Repeat under your workplace lighting. Compare colours in consistent daylight before choosing your favourites.

Choose the change you will enjoy.

Natural coils belong in every setting. These four possibilities explore shape and placement; they are not instructions to make texture more professional.



01 / Rounded coil shape

THE VISIBLE CHANGE

A softly rounded coil silhouette.

CARE TO DISCUSS

Discuss shrinkage and your normal wash-day routine.



02 / An off-centre change

THE VISIBLE CHANGE

Move the part and the volume.

CARE TO DISCUSS

Try gently first; do not force a part that pulls.



03 / A soft high puff

THE VISIBLE CHANGE

Lift coils into a loose high puff.

CARE TO DISCUSS

Keep the tie comfortable and the hairline free of tension.



04 / One side, gently pinned

THE VISIBLE CHANGE

Reveal one side with a small pin.

CARE TO DISCUSS

Check that the clip neither catches nor pulls.

Use the following in-depth studies as salon conversation starters. Texture, density and daily routine need an in-person discussion.

Explore the frame.

Natural coils belong in every setting. These four possibilities explore shape and placement; they are not instructions to make texture more professional.



Rounded coil shape

Hair

A softly rounded, lightly tapered natural-coil silhouette.

WHY THIS DIRECTION

A shape change can make the refresh visible while keeping familiar texture and volume.

TRY IT

Ask a coil-experienced stylist to discuss shrinkage and your normal wash-day routine before cutting.

THE TRADE-OFF

A photograph cannot predict shrinkage; wash-day styling may exceed the daily 10-20 minute brief.



An off-centre change

Hair

Natural coils with an off-centre part and asymmetric volume.

WHY THIS DIRECTION

Changing where volume sits is a low-commitment experiment before a cut.

TRY IT

Try a gentle part with your usual method; stop if it creates tension or discomfort.

THE TRADE-OFF

A part may not hold without extra styling, depending on density and growth pattern.

Explore the frame.

Natural coils belong in every setting. These four possibilities explore shape and placement; they are not instructions to make texture more professional.



A soft high puff

Hair

Coils gathered loosely upward while keeping natural texture visible.

WHY THIS DIRECTION

An up-style offers variety and clears the neckline without a permanent cut.

TRY IT

Use a comfortable loose tie and keep the hairline free from pulling.

THE TRADE-OFF

Do not reproduce a style that feels tight; available length and shrinkage affect the result.



One side, gently pinned

Hair

Full coils with one side softly pinned back.

WHY THIS DIRECTION

A small change can reveal an earring while retaining overall volume.

TRY IT

Try one smooth clip you own, placed without pulling at the scalp.

THE TRADE-OFF

Clips may catch or slip; check comfort and avoid forcing a shape.

Natural depth, three readings

Hair colour



Compare natural dark coils, espresso sheen and optional warm-brown dimension.

THE RELATIONSHIP

The subtle route begins by keeping the current colour, not assuming a colour service is needed.

TRY IT IN REAL LIFE

Compare in consistent daylight; ask a stylist about a strand test and required patch testing before any service.

KEEP IN MIND

These are illustrations. Deposit-only colour cannot reliably lighten dark hair, and dimension may involve lightening and upkeep.

Three moods. Your choice.

Three moods, not three shopping lists. Use one product you already enjoy, and adapt intensity to your time and comfort.



A comfortable baseline

A soft everyday face

Sheer warm rose; softly defined lashes.

LIPS

A comfortable sheer warm-rose tint.

CHEEKS

A light wash; soften the edge.

1. Keep your usual skincare and sun protection.
2. Try a familiar lip colour; add cheek colour only if useful.



Definition for the working day

Bronze, softly defined

Bronze at the eyes, terracotta at the cheek.

EYES

Diffuse a little bronze near the lash line.

CHEEKS

Blend terracotta lightly; keep the lip soft.

1. Practise the bronze eye detail separately.
2. Check the blend in daylight and on your usual video call.



A visible after-hours change

One berry focal point

A richer berry lip, a softly shaded eye.

LIPS

Build berry from sheer to your preferred depth.

EYES

Keep shadow diffused around the lash line.

1. Start with a sheer layer of a tolerated lip product.
2. Build only if you enjoy the intensity; check for touch-ups.

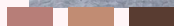
A lip-led daily routine

A few deliberate blending steps

One stronger accent

Three makeup moods.

Three moods, not three shopping lists. Use one product you already enjoy, and adapt intensity to your time and comfort.



Illustrative tones, not shade matches

A soft everyday face

Makeup

A sheer warm-rose lip, light cheek colour and softly defined lashes.

WHY THIS DIRECTION

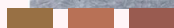
One repeated lip or cheek colour can be enough for the daily brief.

TRY IT

Use an existing comfortable lip product first; skip base unless you want it.

THE TRADE-OFF

Lighting changes colour appearance; a photo cannot select your foundation shade.



Illustrative tones, not shade matches

Bronze, softly defined

Makeup

Subtle bronze eyes, terracotta cheek and a softly coloured lip.

WHY THIS DIRECTION

A little definition changes the effect without making every feature a focal point.

TRY IT

Practise one eye detail, then check the result in daylight and a video call.

THE TRADE-OFF

The image is not a wear test; start with products your skin already tolerates.

Three makeup moods.

Three moods, not three shopping lists. Use one product you already enjoy, and adapt intensity to your time and comfort.



One berry focal point

Makeup

A richer berry lip with a softly shaded eye.

WHY THIS DIRECTION

A defined lip offers a visible evening change without replacing the whole routine.

TRY IT

Try a sheer application first and build only to the intensity you enjoy.

THE TRADE-OFF

A deeper lip can need touch-ups; a balm or bare lip remains a complete alternative.



Illustrative tones, not shade matches

KEEP THE ROUTINE YOURS

Make the smallest useful change first. Work with products you already know and stop if a product feels uncomfortable.

Stronger makeup is an optional mood, never a requirement to look finished.

Small objects. A clear intention.



Illustrative accessory still life: fine bronze frames, rounded dark tortoiseshell frames, small gold hoops and a fine pendant.

01 Fine bronze frames

A quieter frame

Try the lighter line with a familiar outfit; check bridge and temple comfort.

02 Rounded dark tortoiseshell

A more visible line

Compare its outline in the same light. Choose by comfort and preference.

03 Small gold hoops

Attention beside the face

Try earrings alone first. Weight and fastenings need a real wear test.

04 A fine pendant

Attention at the neckline

Leave space between the necklace and neckline; use a length you enjoy.

Illustrative objects, not exact products or a fit measurement. Numbers connect the key to each role; try comparable items before choosing.

Make the finish feel like you.



Compare natural dark coils, espresso sheen and optional warm-brown dimension.



Compare tortoiseshell soft-square, fine gold round and translucent slate frames.



Small gold hoops, sculptural drops and a silver pendant offer different focal points.

Compare these finishing details with pieces you own. Check the fit and comfort in person.

Natural depth, three readings

COLOUR CONVERSATION

COMFORT CHECK

Compare in consistent daylight; ask a stylist about a strand test and required patch testing before any service.

KEEP IN MIND

These are illustrations. Deposit-only colour cannot reliably lighten dark hair, and dimension may involve lightening and upkeep.

Three frame directions

ITEM KEY 01, 02

COMFORT CHECK

Try bridge and temple fit in person before choosing a look; ask an optician about lens requirements.

KEEP IN MIND

No image can confirm fit, prescription suitability or UV protection; check labelled protection for sunglasses.

A change of scale

ITEM KEY 03, 04

COMFORT CHECK

Compare pieces you already own against both the teal and ivory tops.

KEEP IN MIND

Weight, fastening and skin sensitivity matter more than the styling image; mixed metals are welcome.

A change of scale

Jewellery



Small gold hoops, sculptural drops and a silver pendant offer different focal points.

THE RELATIONSHIP

One focal detail makes comparison easier without declaring one metal correct.

TRY IT IN REAL LIFE

Compare pieces you already own against both the teal and ivory tops.

KEEP IN MIND

Weight, fastening and skin sensitivity matter more than the styling image; mixed metals are welcome.

Three frame directions

Eyewear



Compare tortoiseshell soft-square, fine gold round and translucent slate frames.

THE RELATIONSHIP

Frame weight and shape offer different contrasts with natural coil volume.

TRY IT IN REAL LIFE

Try bridge and temple fit in person before choosing a look; ask an optician about lens requirements.

KEEP IN MIND

No image can confirm fit, prescription suitability or UV protection; check labelled protection for sunglasses.

Teal + espresso + navy



Original wardrobe-role still life: deep-teal draped shell, espresso blazer, navy wide trousers, cognac tote, tan loafers and small gold hoops.

01 / Teal drape

One saturated focal area

02 / Espresso tailoring

A soft frame around the colour

03 / Navy cloth

A repeatable, deeper foundation

04 / Brown leather

A familiar finishing role



Foundation / Frame / Focal colour

ONE TOP. TWO ORDINARY WORKDAYS.

Try teal, then another colour you own, with the same trousers and jacket. Check daylight, your usual workplace and a video call. Keep the option you want to repeat.

Illustrative roles, not exact products. The following recipes show complete looks using comparable pieces.

Make colour wearable.



The workday anchor

A saturated shell framed by dark tailoring, with navy as the repeatable base.

- FOCAL COLOUR**
Draped shell
- FRAME**
Soft blazer
- FOUNDATION**
Wide trousers

A clearer light-dark contrast

The light shirt and deep skirt divide the outfit clearly; leather repeats a quiet brown.

- LIGHT AREA**
Poplin shirt
- RICH COLOUR**
Midi skirt
- FINISH**
Loafers and belt

Colour after hours

Keep the two colours and change their finish with a small clutch and metallic detail.

- UPPER COLOUR**
Draped shell
- LOWER COLOUR**
Midi skirt
- SMALL ACCENT**
Sandals and earrings

Recreate the relationship with clothes you already own. These are colour studies, not exact products or shopping requirements.

One blazer. Three different days.

Espresso soft blazer



Work

CHANGE

Teal shell + navy trousers

FINISH

Loafers and work tote

WHY

A concentrated colour framed by familiar tailoring.

Evening

CHANGE

Keep teal; change to oxblood skirt

FINISH

Sandals and a small clutch

WHY

A different silhouette and smaller accessories shift the occasion.

Travel

CHANGE

Ivory tee + navy trousers

FINISH

Trainers and backpack

WHY

A softer base and walking shoes change how the jacket is used.

This demonstrates a repeatable wardrobe role, not an exact product try-on; sandals, bags and jewellery are optional extras.

Looks 01-02

Why it works, how to try it, and what the photograph cannot tell you.



01 / The familiar starting point

EVERYDAY / Ivory tee, dark jeans and espresso loafers.

Core pieces: Ivory cotton tee + Dark straight jeans + Espresso loafers

Optional extras: Olive canvas tote, Small studs

Why: One light area gives dark denim a clear counterpoint; the flat shoes keep the mood relaxed.

Try: Try this with your favourite existing jeans before changing their cut.

Trade-off: A pale tee needs more frequent spot cleaning.

Climate: Mild dry days; add the shirt for a cool cafe.

Comfort: Check the seated waist and walk in the loafers before a long outing.



02 / Colour, off the clock

EVERYDAY / Teal and oxblood with an ivory trainer finish.

Core pieces: Deep teal draped shell + Oxblood midi skirt + Ivory trainers

Optional extras: Tan crossbody, Small hoops

Why: Two deep colours feel connected while the light shoes change the mood from formal to casual.

Try: Start with the skirt and a top you already own in a similar depth.

Trade-off: A draped neckline may shift when leaning forward.

Climate: Warm days; add the cream shirt for extra coverage.

Comfort: Check skirt movement on stairs and crossbody-strap pressure.

Looks 03-04

Why it works, how to try it, and what the photograph cannot tell you.



03 / Roomy weekend shirt

EVERYDAY / An untucked cream shirt over navy wide trousers.

Core pieces: Cream poplin shirt + Navy wide trousers + Ivory trainers

Optional extras: Brown crossbody

Why: A relaxed shirt length changes the same work trousers into an easy daytime outfit.

Try: Roll sleeves loosely and compare untucked with a small front tuck.

Trade-off: Poplin can crease; that is a texture choice, not a flaw.

Climate: Mild weather; lighter poplin suits warm days.

Comfort: Make sure trouser hems stay clear of the ground with trainers.



04 / A quiet rich contrast

EVERYDAY / Charcoal knit, oxblood midi and flat brown shoes.

Core pieces: Charcoal fine knit + Oxblood midi skirt + Espresso loafers

Optional extras: Oxblood top-handle bag, Small hoops

Why: The cool neutral lets the skirt carry the colour without needing another statement.

Try: Try a loose tuck, then wear the knit untucked if that feels better.

Trade-off: A knit may feel too warm in a heated room.

Climate: Cooler dry days; choose a lighter knit indoors.

Comfort: Check the waistband with the knit tucked and while sitting.

Looks 05-06

Why it works, how to try it, and what the photograph cannot tell you.



05 / One-piece Saturday

EVERYDAY / Teal shirt dress with flat loafers and a woven bag.

Core pieces: Teal shirt dress + Espresso loafers

Optional extras: Woven tote, Stud earrings

Why: A single field of colour makes getting dressed straightforward; texture adds interest.

Try: Loosen or remove the tie if you prefer an uncinched dress.

Trade-off: A button-front dress needs a seated coverage check.

Climate: Warm-to-mild days; bring a layer for air conditioning.

Comfort: Test reaching, sitting and walking before deciding on the length.



06 / The shirt becomes a layer

EVERYDAY / Ivory tee and oxblood skirt beneath an open cream shirt.

Core pieces: Ivory cotton tee + Cream poplin shirt + Oxblood midi skirt + Ivory trainers

Optional extras: Tan crossbody, Small hoops

Why: The same shirt now adds coverage without the formality of a blazer.

Try: Keep the shirt open and sleeves easy; remove it as the day warms.

Trade-off: Two light tops add laundry and may feel bulky if both fabrics are heavy.

Climate: Changeable mild weather; thin cotton layers work best.

Comfort: Choose enough shirt ease to move over the tee without pulling.

Looks 07-08

Why it works, how to try it, and what the photograph cannot tell you.



07 / Teal in the meeting room

WORK / Espresso tailoring around a teal shell and navy trousers.

Core pieces: Espresso soft blazer + Deep teal draped shell + Navy wide trousers + Espresso loafers

Optional extras: Brown work tote, Small hoops

Why: The open jacket frames one saturated colour while the deep lower half keeps it coherent.

Try: Build this from your current jacket first; use teal as the one change.

Trade-off: A jacket adds heat and may need more involved care.

Climate: Mild commute or cool office; remove the blazer indoors as needed.

Comfort: Reach for a shelf and sit down to test shoulder and waist ease.



08 / Cream with oxblood

WORK / Cream poplin, oxblood midi and an optional slim belt.

Core pieces: Cream poplin shirt + Oxblood midi skirt + Espresso loafers

Optional extras: Slim brown belt, Brown work tote, Studs

Why: The light-dark contrast makes the shirt detail visible without several competing accents.

Try: Button to your chosen coverage; the belt is optional.

Trade-off: A tucked shirt may need readjustment during the day.

Climate: Mild days or a temperate office.

Comfort: Check button gaps while seated and allow room at the waistband.

Looks 09-10

Why it works, how to try it, and what the photograph cannot tell you.



09 / A softer dark suit idea

WORK / Charcoal, espresso and navy with a berry-toned bag.

Core pieces: Charcoal fine knit + Espresso soft blazer + Navy wide trousers + Espresso loafers

Optional extras: Oxblood work bag, Small hoops

Why: Related depths build a tonal outfit without requiring matching suiting.

Try: Compare the dark layers in daylight so their differences feel intentional.

Trade-off: The combination can feel warm or visually dense; ivory is an alternative base.

Climate: Cool commute and air-conditioned rooms.

Comfort: Choose a fine knit so the jacket sleeves remain comfortable.



10 / Door-to-desk dress

WORK / A stone trench worn open over the teal shirt dress.

Core pieces: Teal shirt dress + Stone trench + Espresso loafers

Optional extras: Brown work tote, Studs

Why: The light outer frame contrasts with the uninterrupted dress colour.

Try: Leave the coat open when comfortable and remove it at your desk.

Trade-off: The trench shown is not verified rainwear.

Climate: Mild dry commute; check actual outerwear weather suitability.

Comfort: Compare coat and dress lengths while walking, not just standing.

Looks 11-12

Why it works, how to try it, and what the photograph cannot tell you.



11 / A relaxed Friday

WORK / Espresso blazer, ivory tee and dark denim.

Core pieces: Ivory cotton tee + Espresso soft blazer + Dark straight jeans + Espresso loafers

Optional extras: Brown work tote, Small hoops

Why: Tailoring and a familiar tee meet in the middle for a less formal workday.

Try: Check your workplace dress expectations before choosing denim.

Trade-off: This is not a universal office dress code.

Climate: Mild office or commute; the blazer is removable.

Comfort: Use jeans you can comfortably sit in through a meeting.



12 / The jacket-free workday

WORK / A teal draped shell, navy trousers and espresso flats.

Core pieces: Deep teal draped shell + Navy wide trousers + Espresso loafers

Optional extras: Oxblood shoulder bag, Studs

Why: One clear colour and fluid lines provide an alternative to structured layers.

Try: Try this on a warm day; keep the cream shirt nearby if you want coverage.

Trade-off: Sleeveless dressing depends on comfort and the setting, not a style rule.

Climate: Warm office; add a light layer for cooling systems.

Comfort: Check armhole and neckline coverage when reaching forward.

Looks 13-14

Why it works, how to try it, and what the photograph cannot tell you.



13 / Two deep colours after dark

EVENING / Teal and oxblood, with bronze-brown sandals and a small clutch.

Core pieces: Deep teal draped shell + Oxblood midi skirt

Optional extras: Bronze-brown block-heel sandals, Brown clutch, Gold drop earrings

Why: Changing shoes and bag shifts the familiar daytime colour pairing toward dinner.

Try: Use a flat sandal you own if that feels better than the pictured heel.

Trade-off: The pictured block heel is moderate, not a comfort guarantee.

Climate: Warm dry evening; a light wrap is an optional extra.

Comfort: Walk and stand in the chosen shoes before committing to them.



14 / Dinner in a white shirt

EVENING / Cream shirt and navy trousers with a small pendant.

Core pieces: Cream poplin shirt + Navy wide trousers

Optional extras: Bronze-brown block-heel sandals, Brown clutch, Gold pendant, Small hoops

Why: A familiar shirt can feel event-ready through the finish rather than an entirely new outfit.

Try: Open the collar only as far as you prefer and roll sleeves if useful.

Trade-off: The crisp shirt may need pressing after a commute.

Climate: Mild evening; add the blazer if the venue is cold.

Comfort: Try sitting with the shirt tucked before leaving.

Looks 15-16

Why it works, how to try it, and what the photograph cannot tell you.



15 / The same blazer, later

EVENING / Espresso blazer over teal and oxblood with an evening finish.

Core pieces: Espresso soft blazer + Deep teal draped shell + Oxblood midi skirt

Optional extras: Bronze-brown block-heel sandals, Brown envelope clutch, Gold drop earrings

Why: Replacing navy trousers with the skirt changes the silhouette while the jacket remains the anchor.

Try: Swap the work tote for a bag you already own and keep one jewellery focal point.

Trade-off: The layered outfit can feel warm; leave the blazer at home in heat.

Climate: Cooler dinner setting or mild evening.

Comfort: Check the jacket hem over the skirt and choose shoes for actual walking distance.



16 / One dress, evening edit

EVENING / Teal shirt dress with a tan clutch and gold drops.

Core pieces: Teal shirt dress

Optional extras: Bronze-brown block-heel sandals, Tan envelope clutch, Gold drop earrings

Why: The colour does most of the work; the smaller bag and jewellery supply the occasion cue.

Try: Try your everyday dress with a favourite earring before shopping for an event.

Trade-off: The same dress may read casual in a very formal setting.

Climate: Warm evening; choose venue-appropriate coverage.

Comfort: Test the tie tension after dinner, and use flats if they suit the evening better.

Looks 17-18

Why it works, how to try it, and what the photograph cannot tell you.



17 / Denim, with a warm glint

EVENING / Charcoal knit and indigo jeans finished with a gold cuff.

Core pieces: Charcoal fine knit + Dark straight jeans

Optional extras: Bronze-brown block-heel sandals, Oxblood shoulder bag, Gold cuff

Why: A small metallic accent and rich bag change familiar dark basics without a dress.

Try: Wear only the cuff if several accessories feel busy.

Trade-off: Denim is unsuitable for some formal events; use navy trousers instead.

Climate: Cooler casual evening.

Comfort: Check that the cuff does not catch on the knit or press into your wrist.



18 / The simple evening suit

EVENING / Ivory tee beneath espresso tailoring and navy trousers.

Core pieces: Ivory cotton tee + Espresso soft blazer + Navy wide trousers

Optional extras: Bronze-brown block-heel sandals, Brown clutch, Gold drop earrings

Why: The light tee interrupts the dark tailoring while the sandals and clutch shift the occasion.

Try: Try the same clothes with loafers for a lower-key version.

Trade-off: The tee keeps this relaxed; a formal invitation may call for a different base.

Climate: Mild evening or cool indoor venue.

Comfort: Hem the trousers for shoes you actually repeat, not just this pictured heel.

Looks 19-20

Why it works, how to try it, and what the photograph cannot tell you.



19 / A light layer for the journey

TRAVEL / Ivory tee and navy trousers with a stone trench and olive scarf.

Core pieces: Ivory cotton tee + Navy wide trousers + Stone trench + Ivory trainers

Optional extras: Olive scarf, Brown crossbody

Why: Removable layers adapt the same base to cool transport and a milder destination.

Try: Pack the scarf away rather than carrying every layer when you get warm.

Trade-off: The pictured coat is not a substitute for technical rain protection.

Climate: Cool-to-mild travel; adapt for actual forecast.

Comfort: Keep trouser hems clear and check the bag strap on a longer walk.



20 / Denim on a cooler route

TRAVEL / Charcoal and indigo under a light trench, with trainers.

Core pieces: Charcoal fine knit + Dark straight jeans + Stone trench + Ivory trainers

Optional extras: Brown backpack, Studs

Why: A darker base tolerates visual mixing; the coat adds a light contrast and removable warmth.

Try: Use the backpack on both shoulders when carrying it rather than copying the display pose.

Trade-off: Thicker denim and knit can feel restrictive on a long journey.

Climate: Cool dry route; adapt the outer layer for rain.

Comfort: Sit for a while in the jeans and check the bag weight before packing.

Looks 21-22

Why it works, how to try it, and what the photograph cannot tell you.



21 / The warm-day arrival

TRAVEL / Teal shirt dress with ivory trainers and a light scarf.

Core pieces: Teal shirt dress + Ivory trainers

Optional extras: Cream scarf, Olive canvas tote

Why: One garment simplifies packing; trainers and a soft bag make the styling less formal.

Try: Leave the scarf off in heat and secure valuables in a suitable bag.

Trade-off: An open tote is less secure in crowded places.

Climate: Warm-to-mild days; coverage depends on destination and preference.

Comfort: Check the dress stride and carry only what the tote comfortably holds.



22 / Tailoring that changes gear

TRAVEL / The espresso blazer with an ivory tee, navy trousers and trainers.

Core pieces: Ivory cotton tee + Espresso soft blazer + Navy wide trousers + Ivory trainers

Optional extras: Brown backpack

Why: The same jacket crosses settings when the footwear and carrying option change.

Try: Choose a jacket fabric you are happy to crease; hang it at the destination.

Trade-off: A tailored jacket needs more packing care than a soft overshirt.

Climate: Mild journey or cool transport.

Comfort: Test reaching overhead and carrying the backpack with the jacket on.

Looks 23-24

Why it works, how to try it, and what the photograph cannot tell you.



23 / The packable shirt layer

TRAVEL / A teal shell under an open cream shirt, with denim and trainers.

Core pieces: Deep teal draped shell + Cream poplin shirt + Dark straight jeans + Ivory trainers

Optional extras: Tan crossbody

Why: A familiar shirt works as coverage without adding another specialist travel piece.

Try: Roll the sleeves and use the shirt as a layer again at dinner.

Trade-off: The light shirt will show creases; choose whether that bothers you.

Climate: Warm days with cooler indoor stops.

Comfort: Check that the shirt moves freely over the shell when carrying your bag.



24 / A museum-day skirt

TRAVEL / Oxblood skirt, charcoal knit and stone trench with trainers.

Core pieces: Charcoal fine knit + Oxblood midi skirt + Stone trench + Ivory trainers

Optional extras: Brown backpack

Why: The same skirt can travel when its finish supports walking and removable layers.

Try: Use a backpack already proven comfortable and take the coat off indoors.

Trade-off: Several layers add bag volume if the temperature rises.

Climate: Cool dry day with indoor stops.

Comfort: Practise stairs and a seated break in the skirt and chosen shoes.

Twelve roles. A connected wardrobe.



ONE LOOK / MANY REPEATS

- 05 / Espresso soft blazer
- 02 / Deep teal draped shell
- 06 / Navy wide trousers
- 11 / Espresso loafers

The photograph is one combination of these numbered roles. Find each role on the next page, then match its name to the complete outfit studies in subjects 11-13.

USE THE WARDROBE YOU HAVE

The next page names twelve core roles. Similar pieces you already own can fill those roles. Outfit photographs also contain explicitly listed optional extras; they are not extra required purchases.

Choose comparable pieces from your own wardrobe and check their movement, fit and comfort.

Start with familiar pieces.

01 / Ivory cotton tee

Easy base

A breathable crewneck you can wear alone or beneath tailoring; tuck only if comfortable.

02 / Deep teal draped shell

Colour focal point

A sleeveless fluid top; check armhole coverage and the drape when seated.

03 / Cream poplin shirt

Two-way layer

Button it for work or wear open over a tee; choose a fabric you are willing to press.

04 / Charcoal fine knit

Cooler-day base

Light enough under a jacket; choose fibre for your own temperature and skin comfort.

05 / Espresso soft blazer

Repeatable structure

A relaxed single-breasted shape; test reaching forward and folding your arms.

06 / Navy wide trousers

Work-to-travel bottom

A fluid leg with enough ease to sit; hem with your most-used shoes.

07 / Dark straight jeans

Off-duty foundation

A familiar denim fit with room to move; not every workplace welcomes denim.

08 / Oxblood midi skirt

Rich-colour alternative

An A-line shape shown with several tops; check your stride and waistband seated.

09 / Teal shirt dress

One-piece option

Short sleeves and a removable tie; inspect button spacing and choose your own coverage.

10 / Stone trench

Removable outer layer

An illustrative light layer, not a claim of waterproofing; check the actual garment label.

11 / Espresso loafers

Flat everyday finish

Check toe room, heel security and grip; an image cannot establish all-day comfort.

12 / Ivory trainers

Walking option

Choose a pair already proven on your route; these are styling illustrations, not footwear advice.

Seven days. Small experiments.



START WITH THIS LOOK

Teal in the meeting room

YOUR FIRST TRIAL

Build this from your current jacket first; use teal as the one change.

Use familiar pieces. A saved web look is a personal choice; this sample PDF contains all studies.

- 1 Compare one warm and one cool colour at similar depth in consistent daylight.
- 2 Choose two existing work outfits and note where movement or temperature bothers you.
- 3 Try a gentle off-centre part or pinned side with your usual coil routine.
- 4 Test one lip or cheek variation, then check it on a video call.
- 5 Repeat your useful jacket with a different top or bottom; photograph the combination for yourself.
- 6 Walk, sit and carry your real bag in the favourite outfit before repeating it for work.
- 7 Save the combinations you enjoyed and identify a repair or alteration before a purchase.

Keep what feels useful in your own life. There is no score, no ideal face, and no required purchase.

A month, not a makeover.

Explore: repeat the seven-day experiments without replacing your wardrobe or hair products.

Refine: if a cut still appeals, discuss shrinkage, daily refresh, wash-day time and cost with a coil-experienced stylist.

Repeat: use the favourite outfit formulas in your actual workweek and adjust what feels awkward.

Review: fill only a recurring gap and follow the care directions on the garments you actually own.

YOUR REAL-LIFE SHORTLIST

Choose two looks you want to repeat. Note one change that made getting ready easier, one practical adjustment and one question to discuss with a stylist. Leave anything that does not fit your preferences behind.

Look one: _____

Look two: _____

My useful adjustment: _____

A clearer conversation.

I would like a noticeable but moderate refresh while keeping my natural coily texture and comfortable volume. Please discuss a softly rounded shape, taking shrinkage, density and my usual styling into account. I want a daily refresh around 10-20 minutes; explain wash-day time separately. No drastic loss of length or undercut without discussing it first. Keeping my natural colour is a complete option. If I consider an espresso gloss or dimension, please explain the likely effect on my starting hair, any lightening, upkeep, cost and required patch/strand testing. Bring these preferences to your consultation.

BEFORE ANY CHANGE

Discuss texture, density, product suitability, maintenance and total cost with your stylist.

ABOUT THIS SAMPLE

A complete style reference: explore the ideas, keep what suits your routine, and start with pieces you own.

Keep your preferred looks and practical notes together, ready for your next wardrobe experiment or stylist conversation.